

Helping You and Your Baby

Thrive

**IMAGINE A CALMER, HEALTHIER,
AND HAPPIER BABY!**

Did you know baby who are massaged cry 50% less than those who are not?

Baby massage is a game changer for baby's physical, emotional, and mental health. Let us help you get started.

Taught by an
Internationally Certified
Infant Massage Instructor
and Belly Binding Matron

(Group and
Private Classes
Available)

**Book
Now**

Benefits of Massage

- improved sleep
- gas/colic relief
- congestion relief
- Better immunity
- reflux relief
- improved mobility
- more bonding
- postpartum depression relief
- breastfeeding support
- and more ...



960238921

info@vyanainfantmassage.com
www.vyanainfantmassage.com